

Alamo Senior Center

Activities

| Event: Support Groups | Day | Time | Place |
|----------------------------|------------------------|-------------------------------------|---------------------|
| Alzheimer's Support | 2nd Tues | 6:30 PM | Casa Arena |
| Cancer Support Group | 1st & 3rd Wed | 7-8:30 PM-907 New York Ave-434-HOPE | |
| Cancer Support Group | 2nd & 4th Wed | 2-3:30 PM-907 New York Ave-434-HOPE | |
| Spanish Cancer Support Grp | 3rd Mon | 2-3:30 PM-907 New York Ave-434-HOPE | |
| COPD Huff n Puff | 1st Tues | 1:00:PM | Class Room I and II |
| DAV | 1st Mon | 6-7:30 PM | Classroom II |
| Diabetes Support Group | 3rd Tues | 3:00 PM | GCRMC |
| Low Vision/Blind Support | 2nd Thurs | 9-11:00 AM | Conference Room |
| Event: Activities | Day | Time | Place |
| Marine Corp. League | 1st Sat | 1-3 PM | Classroom I |
| Military Ret. Grass Roots | 3rd Sat | 1-2 PM | Classroom I |
| NARFE Board | 2nd Mon | 1:00 PM | Classroom I |
| Nutrition Council Meeting | 2nd Thurs | 1:00 PM | Classroom I |
| Retired Public Employees | 2nd Tues | 1-3 PM | Classroom II |
| Event: Activities | Day | Time | Place |
| AARP Driver Safety Program | 3rd Thurs. | 9:00-3:00 PM | Class Room I |
| Art (Open) | Friday | 8:30 AM-11:00 AM | Activity Room |
| Art (Multimedia) | Wednesday | 8-11 AM & 1-4 PM | Activity Room |
| Bingo | Tues & Fri | 1:15-3 PM | Dining Room |
| Birthday Party | Last Wed. of the month | @ 9:45-10:30AM | Dining Room |
| Blood Pressure | 3rd Thurs | 9-11 AM | Lobby |
| Bridge Party | Thursday | 12:30 PM | Activity Room |
| Bridge (Beginner) | Wed (back door only) | 6-9 PM | Activity Room |
| Bridge (Duplicate) | Mon & Tues & Fri | 12:30-4 PM | Activity Room |
| Bridge (Duplicate) | 1st & 3rd Sun | 1:30-4 PM | Activity Room |
| Chorus | Thursday | 10:00 AM | Dining Room |
| Harmonica | Thursday | 9:00 AM | Class Room I |
| Lapidary | Wed & Fri | 9:00 AM -12:00 PM | Lapidary Room |
| Music | Daily | 9:00-11:00 AM | Dining Room |
| Writing Group | Friday | 1.30 PM. - 3:30 PM | Classroom I + II |
| Pinochle | Wed | 1-3 PM | Lobby |
| Pool (Women's League) | Mon & Wed | 9:00 AM | Pool Room |
| Pool Tournament | 2nd Tuesday | 9:30 AM | Pool Room |
| Quilting | Thursday | 9-11 AM | Activity Room |
| Senior Golf | Wednesday | 8 AM-12 PM | Desert Lakes |
| Senior Olympics Meeting | Thurs. Jan-Sept | 1:00PM | Class Room I & II |
| Silversmith | Wed & Fri | 1-3 PM | Lapidary Room |
| Woodworking Class | Saturdays | 10:00 AM | Senior Center |

