

Homemaker Services

The Alamo Senior Center is a non-profit organization. The focus of the program is to aide individuals who have a disability or ailment that restricts them from being able to upkeep their home independently and/or without risk.

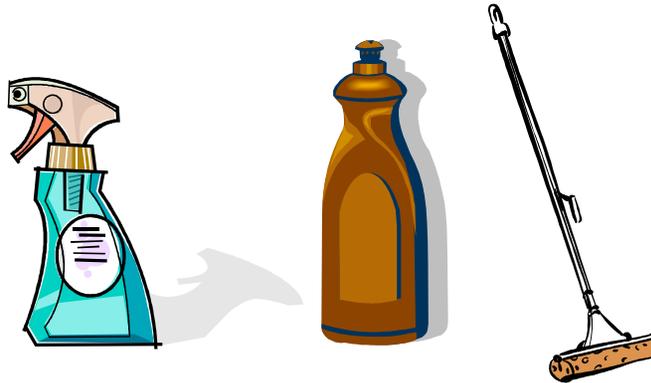


Homemaker Services recipient

Homemaker Services Office

Home Services Manager: Magdalena Morales

Email: mmorales@ci.alamogordo.nm.us



Qualification is based on the Federal Government Poverty Guidelines which are updated every February. You can find these guidelines at

<http://aspe.hhs.gov/poverty/09poverty.shtml>

Alamo Senior Center



City of Alamogordo

Homemaker Services

2201 Puerto Rico Avenue
Alamogordo, NM 88310

Phone: 575-439-4150

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www.ci.alamogordo.nm.us

ALAMO SENIOR CENTER

Director: Veronica Ortega

HOMEMAKER SERVICES PROGRAM

The Alamo Senior Center provides basic house cleaning services to seniors that are disabled and are unable to provide such services on their own.

Qualifications



There are certain qualifications the Homemaker Services Manager must determine in order for someone to qualify. For one, you must be a senior of at least 60 years of age or, if less than 60 years, you must be a spouse of a senior.

The person receiving services must have a condition that restricts their ability to do their own housekeeping and live alone.

If the person is the recipient of the D & E, PCO, the Mi Via Program, or they have a caregiver then they would not be eligible for services. If you are in need of these services you may contact our office to make a referral. An appointment will be arranged in order to conduct an assessment to establish eligibility and need for services.

The Goal of the Homemaker Services Program:

“Is to provide services to seniors who are unable to do housekeeping due to health restrictions, and that enable them to maintain a clean home environment.”

Homemaker Services worker will go into the home for up to two(2) hours per week and provide light-duty house keeping to the areas of the home that the client primarily uses. The purpose is to free their areas of clutter,

unsafe or unsanitary conditions so that the person can rehabilitate and/or recover and continue to live in their own home without risk. We are a non-medical service therefore the homemaker worker does not administer medication, provide personal care, dress wounds or provide any type of medical or nursing care.

Homemaker Services are the provision of light-duty house- keeping. Including:

- Vacuuming, mopping, dusting, making beds, changing linens, washing dishes, and routine maintenance of the person's home.
- Preparing meals
- Laundry in the home or at a commercial laundry mat
- Performing errands and grocery shopping.
- Transporting and accompanying persons to local medical appointments