

October 2019

	1 - Tuesday	2 - Wednesday	3 - Thursday	4 - Friday
	BBQ Chicken Mixed Vegetables Salad Whole Wheat Bread w/ Margarine Spiced Peaches Sugar Cookie Chocolate Milk	 Chicken Fried Steak Mashed Potatoes w/ Gravy Mixed Vegetables Whole Wheat Bread w/ Margarine Tangerine	Pork Chop Mashed Potatoes w/ Gravy Peas Biscuit w/ Margarine Cherry Cobbler Chocolate Milk	 Meat Loaf Steamed Rice Beets Mixed Vegetables Biscuit w/ Margarine Cantaloupe
7 - Monday	8 - Tuesday	9 - Wednesday	10 - Thursday	11 - Friday
Roast Beef Salad w/ Dressing Mashed Potatoes w/ Gravy California Vegetables Whole Wheat Bread w/ Margarine Peaches	Baked Chicken Carrots & Peppers Wild Rice Biscuit w/ Margarine Mandarin Oranges Chocolate Milk	 Beef Stew Cucumber & Onion Salad Cornbread w/ Margarine Strawberry Shortcake	Vegetarian Lasagna Salad w/ Dressing Mixed Vegetables French Bread w/ Margarine Plum Cobbler Chocolate Milk	 Red Beef Enchiladas Jalapeno, Onion, & Tomato Salsa Pinto Beans Tangerine
14 - Monday	15 - Tuesday	16 - Wednesday	17 - Thursday	18 - Friday
 Beef Tips & Noodles Salad Peas & Carrots Oatmeal Cookie Pears	Green Chile Chicken Enchiladas Lettuce & Tomato Pinto Beans Jell-O Apricots Chocolate Milk	 Baked Chicken Breast Sliced Tomatoes Broccoli w/ Cheese Whole Wheat Bread w/ Margarine Strawberries & Bananas	Country Fried Steak Mashed Potatoes Spinach Whole Wheat Bread w/ Margarine Chocolate Cookie Tangerine Chocolate Milk	 Roast Pork Salad w/ Dressing Peas & Carrots Whole Wheat Bread w/ Margarine Lemon Pudding Mandarin Oranges
21 - Monday	22 - Tuesday	23 - Wednesday	24 - Wednesday	25 - Friday
 Salisbury Steak Red Peppers & Onions Whole Wheat Tortilla Pumpkin Bread	Roast Beef Mashed Potatoes w/ Gravy Mixed Vegetables Whole Wheat Bread w/ Margarine Applesauce Cake Pears & Mandarin Oranges Chocolate Milk	 Oven Fried Chicken Sweet Potato Green Beans Whole Wheat Bread w/ Margarine Peach Crisp Apple	Green Chile Cheeseburger Lettuce, Tomato, & Onion Carrots & Peppers Butter Beans Chocolate Pudding Chocolate Milk	 Dill Baked Fish Corn & Peppers Whole Wheat Bread w/ Margarine Yogurt Pears
28 - Monday	29 - Tuesday	30 - Wednesday	31 - Thursday	1% Low Fat Milk Served Daily Suggested Donation: \$2.50 Menu Subject to Change
 Green Chile Beef Enchiladas Jalapeno, Onion, & Tomato Salsa Pinto Beans Pineapple	BBQ Chicken Baked Beans Potato Salad Biscuit w/ Margarine Melon Mix w/ Grapes Chocolate Milk	 Green Chile Cheese Lasagna Lettuce & Tomato Fiesta Corn Oatmeal Cookie Fruit Cocktail	 Road Kill (Hot Beef Sandwich) Sour Potatoes (Mashed Pot. w/ Gravy) Rotten Roots (Carrots & Peppers) Crusty Bread (W.W. Bread) Wormy Pears (Pears) Chocolate Milk	