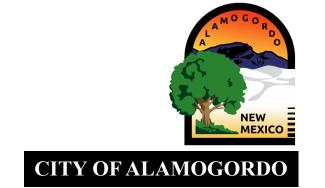
### FOR IMMEDIATE RELEASE

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## PUBLIC SERVICE ANNOUNCEMENT

# City of Alamogordo

# Alamo Senior Center Seeks Volunteers for Meal Delivery to Homebound Seniors

Alamogordo, NM Thursday, August 6, 2020 The Alamo Senior Center is seeking help from volunteers to deliver meals to homebound seniors (Meals on Wheels, MOW). Volunteers can help 1x/week, 2x/week or as often as they would like. "Normally we set volunteers up for 1x/week because we want to keep them & not burn them out. Also, the volunteer ends up delivering the same route each week, making it easier for them to learn the route," said Alamo Senior Center Manager, Magdalena Morales.

Volunteers have to provide their own vehicle, and they will have a 10-15 minute orientation of what is expected. They can help just once if they would like & they can stop anytime they like. Currently, volunteers report to the MOW's parking area at the senior center on Puerto Rico Ave. between 10:00 & 10:30 am. The MOW's staff bring their hot/cold containers out to them so that the volunteers do not have enter the building. On average volunteers will deliver to 12 seniors and routes take an average of 1 hour to complete.

Individuals interested in volunteering can call the Alamo Senior Center MOW's supervisor, Eddie Perez, at 575-439-4150 to get more information and ask to be added to the schedule. Morales also said, "If volunteers just show up, they will most likely be sent home because we have to schedule our drivers ahead of time so that we know all routes are covered for each day."

The City of Alamogordo and the Alamo Senior Center are so grateful for all our dedicated staff and volunteers who make these vital programs possible. Thank you for considering sharing your time with us and a local senior in need.

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#### **Contact for this Release**

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