

August 2022

1 - Monday	2 - Tuesday	3 - Wednesday	4 - Thursday	5 - Friday
Hamburger Steak w/ Grilled Onions Mashed Potatoes & Gravy Peas Biscuit Peaches	Chicken w/ Gravy Steamed Rice Green Beans Plums	Sour Cream Enchiladas Lettuce & Tomato Corn Salsa Pinto Beans Fruit Cocktail	Baked Pork Chop w/ Gravy Black Eyed Peas Green Beans WW Roll Mixed Fruit 	Bratwurst - Sauerkraut Dog Buttered Corn Baked Beans Applesauce
8 - Monday	9 - Tuesday	10 - Wednesday	11 - Thursday	12 - Friday
Beef Tips & Noodles Sliced Carrots Peas & Onions Pears 	Salisbury Steak Potatoes Au Gratin Green Beans WW Roll Peaches	Beef Fajitas Lettuce & Tomato Spanish Rice Flour Tortilla Vanilla Pudding	Chili Relleno Cilantro Lime Rice Calabacitas Mandarin Oranges	Sloppy Joe Macaroni Salad Buttered Corn Tropical Fruit
15 - Monday	16 - Tuesday	17 - Wednesday	18 - Thursday	19 - Friday
Beef Burgundy Scalloped Potatoes Brussel Sprouts Cornbread Mixed Fruit	GC Chicken Enchiladas Lettuce & Tomato Pinto Beans Apricots	Chicken Strips Green Beans Potato Wedges Biscuit Apricots	Country Fried Steak Mashed Potatoes w/ Gravy Mixed Vegetables WW Roll Fruit Cocktail	Baked Fish Rice Pilaf Coleslaw Mixed Vegetables Chocolate Pudding
22 - Monday	23 - Tuesday	24 - Wednesday	25 - Thursday	26 - Friday
Soft Chicken Tacos Lettuce & Tomato Pinto Beans Apricots	Spaghetti w/ Meat Sauce Capri Vegetables Garlic Bread Plums 	Green Chili Lasagna Italiana Vegetables Buttered Corn Garlic Bread Diced Pears	Stuffed Chicken Breast Mashed Potatoes w/ Gravy Capri Vegetables Peaches 	Pepper Steak Steamed Rice Capri Vegetables Cornbread Pears
29 - Monday	30 - Tuesday	31 - Wednesday	1% Low Fat Milk Served Daily Chocolate Milk Served on Fridays Suggested Donation: \$2.50 Menu Subject to Change	
Baked Lemon Pepper Chicken Country Vegetable Blend Ranch Style Beans WW Roll Peaches 	Cheeseburger Lettuce, Tomato & Onion Peas & Carrots Peanut Butter Cookie Applesauce	Red Beef Enchiladas Lettuce & Tomato Pinto Beans Spanish Rice Sherbet		

Congregate Lunch 11 am-12:30 pm
Grab and Go Lunch Served 11:30 am - 12:30 pm

Our monthly menus are verified by a dietician in order to ensure that nutritional standards are met.