

**November 2021**

1 - Monday	2 - Tuesday	3 - Wednesday	4 - Thursday	5 - Friday
<b>Green Chili Pork Stew</b> Salad Corn Bread Sherbet 	<b>Steak Ranchero</b> Ranch Style Beans Corn & Cilantro Salad Flour Tortilla Pineapple	<b>Chicken Parmesan</b> Spaghetti Noodles Garlic Bread Italian Vegetables Tropical Fruit 	<b>Sour Cream Enchiladas</b> Lettuce & Tomato Pinto Beans Crackers Tapioca Pudding	<b>Philly Steak Sandwich</b> Macaroni Salad Lays Potato Chips Spice Cake 
<b>8 - Monday</b> <b>Country Fried Steak</b> Mashed Potatoes w/ Gravy Buttered Corn Whole Wheat Roll Diced Pears Oatmeal Cookie	<b>9 - Tuesday</b> <b>Pork Posole</b> Calabacitas Flour Tortillas Peanut Butter Cookie Chocolate Milk	<b>10 - Wednesday</b> <b>Hamburger Steak</b> Broccoli Mashed Potatoes Whole Wheat Roll Yogurt Granola Bar	<b>11 - Thursday</b> 	<b>12 - Friday</b> <b>Baked Cod</b> Tartar Sauce Coleslaw Green Beans Cornbread Pineapple Upside Down Cake
<b>15 - Monday</b> <b>Salisbury Steak &amp; Gravy</b> Roasted Potatoes Spinach Whole Wheat Roll Tropical Fruit	<b>16 - Tuesday</b> <b>Green Chile Chicken Enchiladas</b> Spanish Rice Pinto Beans Mandarin Oranges 	<b>17 - Wednesday</b> <b>BBQ Chicken</b> Coleslaw California Vegetables Biscuit Peach Crisp	<b>18 - Thursday</b> <b>Cheese Burger</b> Lettuce - Tomato - Onion Baked Beans Tater Tots Pineapple	<b>19 - Friday</b> <b>Turkey &amp; Ham</b> Dressing Capri Vegetables Cranberry Relish Whole Wheat Roll Pumpkin Pie
<b>22 - Monday</b> <b>Swiss Steak</b> Potato Wedges Roasted Brussel Sprouts Whole Wheat Roll Apple Sauce	<b>23 - Tuesday</b> <b>Red Beef Enchiladas</b> Spanish Slaw Pinto Beans Crackers Apricots	<b>24 - Wednesday</b> <b>Spaghetti &amp; Meatballs</b> Tossed Salad w/ Dressing Italian Vegetables Garlic Bread Plums	<b>25 - Thursday</b> 	<b>26 - Friday</b> 
<b>29 - Monday</b> <b>Chile Relleno</b> Tossed Salad w/ Dressing Pinto Beans Crackers Pineapple Chocolate Milk	<b>30 - Tuesday</b> <b>Stuffed Pork Chop w/ Gravy</b> Mixed Vegetables Potatoes Au Gratin Whole Wheat Roll Diced Peaches			1% Low Fat Milk Served Daily  Suggested Donation: \$2.50  Menu Subject to Change  Lunch Served from 11:00am-12:30pm

**Grab & Go 11am-12:30pm**

*\*Our monthly menus are verified by a dietician in order to ensure that nutritional standards are met.\**