

# OTERO COUNTY RESOURCE GUIDE

Updated Jan 2019

## Public Health Services

**Otero County Health Office**, 437-9340, 1207 E. 8<sup>th</sup> St.  
Closed 12-1 for lunch daily

- **Women, Infant, Children Food Supplement (WIC)**
- **Family Planning, STD testing; immunizations**
- **Children's Medical Services;**
- **Families First, Alamo & Tularosa** 585-2280

WIC in **Alamogordo** 437-9093 Open M - F 8am – 5pm

WIC in **Holloman** 572-7369, 741 W. NM Ave, HAFB  
Open M, T, W, F 8am – 5pm

WIC in **Tularosa** 585-2163, 404 Fresno Tu&Th 8 – 5

WIC in **Mescalero** 464-0932, Wed 9am – 4pm

At Apache Empowerment Center

**"BrdsNBz" text for sexual health** info, text 66746 for free advice from a Nurse. Response within 24 hours.

**Breast & cervical cancer screening for uninsured**

**Birth certificates – Mondays only 9:30-2:45**

**Chaparral WIC office 575-824-4701**

## Pre-natal Care

Women's Health Center, 2559 Medical Dr Suite D  
(575) 434-2229 (by GCRMC)

Pregnancy Help Center 434-5525

Pregnancy Tests, Limited Sonograms

Pregnancy Verifications for Medicaid

Building Blocks Program

Parent Power Workshops

24/7 Dads Group

Ben Archer Medical Center 443-8133

2150 S. Hwy 54, Alamogordo

## Pediatrics

**Dr. Allen Paul**, 2559 Medical Dr Suite E 437-5595

**Pediatrics of Alamogordo GCRMC**

2559 Medical Dr Suite A 434-1500

1212 9<sup>th</sup> St. Ste A (Thunderbird Plaza) 439-9997

**Ben Archer Medical Center** 443-8133;

2150 S. Hwy 54, Alamogordo

**(Will see pediatrics but do not specialize in):**

**Presbyterian Medical Services**

**Alamogordo** 1501 East 10th Street 434-2960

**Cloudcroft** James Cnyn (Hwy 82) 682-2542

**Tularosa** 111 Central Avenue 585-1250

**Chaparral** 204 Angelina Boulevard 824-8100

White Sands Family Practice Clinic

2010 Pecan St, Alamogordo 434-9737

Dr. Dan Moezzi & Dr. Kay Banikarim

2474 Indian Wells 443-0339

## Breastfeeding Assistance

WIC in **Alamogordo** 437-9093

Mommy Café, 1<sup>st</sup> Thursday/ month 4:30-6:30pm

GCRMC, contact: 443-7652

**Hospital:** Gerald Champion Regional Med Center  
(GCRMC) 439-6100, 2669 Scenic Drive Alamogordo

## Childbirth Classes

GCMC OB Floor (575) 443-7640

LCMC OB Floor (575) 257-8275

NM Doulas (575) 495-2545 [nmdoulas@gmail.com](mailto:nmdoulas@gmail.com)

## Sliding Scale Clinics – Federally Qualified Health Ctrs.

Ben Archer Medical Center 443-8133, 2150 S. Hwy 54;

Presbyterian Medical Services (PMS) clinics:

Alamogordo 1501 East 10th Street 434-2960

Cloudcroft James Cnyn (Hwy 82) 682-2542

Tularosa 111 Central Avenue 585-1250

## Financial Assistance for Healthcare Services

Otero County Health Services (575) 437-7427

1101 New York Ave, Alamogordo.

Also - disposition of indigent deceased persons.

<http://www.co.otero.nm.us/169/Healthcare-Services>

**UNM 24-hour Nurse Advice Line** 1-877-925-6877

## Centennial Care Nurse advice lines

Presbyterian 1-888-730-2300

Western Sky 1-844-543-8996

## Centennial Member Services

Presbyterian 1-888-977-2333

BCBS 1-866-689-1523

Western Sky 1-844-543-8996

## Counseling & Support

NM CRISIS & Access Line 855 662-7474 anytime

PMS Behavioral Services 437-7404

GCRMC Behav. Health out-patient 446-5303

GCRMC in-patient 446-5300

CHINS – children's counseling 434-3011

Esperanza Guidance 921-6549

Open Minds Healing & Recovery 489-4616

Pregnancy Crisis Center 434-5525

Canyon Light Substance Abuse Counseling 437-2453

Warm line – certified peer support 855 466-7100

**Sexual Assault Exam (SANE)** Hotline 430-9485

**Diabetes education** 437-0231, Otero Cooperative

Extension Services - call for dates and information

## Parenting Classes

CHINS Circle of Security 434-3011

Ben Archer - Welcome Baby, Families First 443-8133

## Domestic Violence

COPE Hotline 24-hour 437-2673 (437-COPE)

New Mexico Coalition Against Domestic Violence

(Albuquerque) (505) 246-9240

### **Adolescent Life Planning and Juvenile Justice Support**

The Counseling Center (575) 488-2500  
501 24<sup>th</sup> Street. Also provide tutoring.

### **Child Care Assistance**

CYFD 434-9770  
CHINS 434-3011

### **Early Childhood Intervention**

Alamogordo Headstart 434-6313  
Tularosa Headstart 585-4818  
La Luz Headstart 437-4485  
Zia Therapy Center 439-4900  
Behavior Change Institute, (575) 415-1249  
1200 White Sands Blvd - Suite 121  
[www.BehaviorChangeInstitute.com](http://www.BehaviorChangeInstitute.com)

### **Car Seats**

Ben Archer 575-443-8133 or 575-373-3088 for  
appointment; small donation required.  
Car Seat clinic – once per month, call Police Dept for date  
& time: 439-4325 x136

### **Housing Assistance**

Housing Authority 437-5621; 104 Avenida Amigos,  
Alamogordo  
Habitat for Humanity 437-6562; 1109 10<sup>th</sup> St,  
Alamogordo  
HUD voucher program, (575) 622-0881  
Las Rosas, 1513 Fairview, Tularosa 585-9848  
Villa De Tularosa 1205 Monte Vista 585-2859  
Weatherization Assistance Program (575) 523-1639 or  
1-800-657-8967 website: [swnm.org](http://swnm.org)

### **Transportation Services**

**Z-Trans** – ask for schedule. 439-4971,  
<http://www.ztrans.org/>  
Z-Trans also provides **Para Transit** door-to-door  
**Blue Cross & Blue Shield**. Questions and cancellations  
(1-866) 418-9829 hearing impaired.  
**TTY (1-866) 288-3133** Must call 72 hours in advance and  
24 hours for cancelation.

### **Other Services**

Income Support Div. 437-9260/1-800-826-4468  
2000 Juniper Ave  
Lost Medicaid card 1-888-997-2583  
NM Workforce Connection 437-9210  
901 Alaska Ave  
Baby's First Wish Newsletter 437-0231  
Social Security Adm 1-800-772-1213

### **Medicaid Dentists**

Kids Kare 439-5439  
Ben Archer Medical Center 443-8133  
Smiles Forever We Care 437-8994  
Mountain View Dental 437-7900

### **Adult Education Services**

Adult Education, NMSU 439-3812 Group & individual  
instruction preparation for diploma equivalency exams;  
English as a second language (ESL); college prep.

### **Aging & Disability Resource Center** 800-432-2080

**Independent Living Resource Center**  
439-1112 v/tty; 9th & Cuba Ave. Advocacy for persons  
with disabilities and Medicaid Assisted Services Program

### **Special Needs/ Developmentally Delayed**

Zia Therapy Center, 439-4900; 900 1<sup>st</sup> Street  
Preschool services; services for developmentally delayed  
or disabled clients, respite. Early Intervention screening.  
<http://www.ziatherapy.org/>

**Parents Reaching Out** (Albuquerque- serves all of New  
Mexico) (800) 524-5176 family support with special  
needs, information, referrals, support.

### **Children Youth Families Department (CYFD)**

434-5950 Adoption, counseling, day care subsidy,  
Information & referral. Protective services for children,  
youth services, critical care in-home. Foster care.  
**Child Protective Services hotline** (855) 333-SAFE  
or #7233 from cell phone

### **Support Groups**

Alcoholics Anonymous 430-9502 (Otero & Lincoln hotline)  
Groups in Alamogordo, Tularosa, Cloudcroft, Mayhill.  
For up-to-date meeting days/ times/ locations:  
<https://nm-aa.org/> or call 430-9502.  
Al-a-Non support group for families of alcoholics:  
Our Savior Church, 437-2970 Thursdays noon  
1212 Washington, Alamogordo  
Bethel Baptist Church, 437-7311, Mon. & Thurs. 7pm  
1316 Scenic, Alamogordo  
Over-eaters Anonymous Bethel Baptist, Thurs. 5:45 pm  
Grief Support Group Bethel Baptist; Sundays 6pm  
except 1<sup>st</sup> Sunday/ month.  
Type 1 Diabetes – Facebook “Club T1 Alamogordo”  
Meets 2<sup>nd</sup> Tuesday, 6pm  
Post-partum support group: 2nd & 4th Monday 10am @  
GCRMC conf room 1&2. contact: (915) 637-6114  
NAMI Family Support Group, 921-2773; 1st and 3rd  
Mondays 530pm @ GCRMC conf room 3 & 4  
Caregiver Support Group; (503) 929-7892; 4th Thursday  
11am @ GCRMC conf room 3 & 4  
Gay Straight Alliance at Alamogordo High School,  
contact: Jane at 812-6500

### **Senior Centers & meals**

**Alamogordo** 439-4150; 2201 Puerto Rico Ave  
Information, services, Meals on Wheels and group meals  
**Tularosa Senior Center**  
(575) 585-4532; 35 Radio Road, Tularosa  
**Sacramento Mountains Senior Center** (Three locations)  
682-3022 <http://www.mtnseniors.com/>

**Commodity Supplemental Food Program (CSFP)**

575-622-8700 Available in Alamogordo, Tularosa & Mesalero. **Seniors only**, over age 60

**Self Help - legal referrals**

Self Help walk-in program 437-7310 x 146 & 147  
Courthouse, 1000 New York Ave, 2<sup>nd</sup> floor. M – F 8-5

**Financial assistance:**

**Southwest Community Action Corporation**

906 Adams in Alamogordo 437-1364  
Rental, mortgage, utility, and prescription assistance

**Love INC**

2826 Indian Wells Road 439-5683 **Call for appointment**  
Professional clothes closet; furniture needs; community garden; PNM benevolence fund; food pantry, other gaps.

**Help lines/ Hot Lines**

Adult Protective Services	(866) 654-3219
COPE Crisis Line Domestic Abuse	(575) 437-2673
NM Crisis & Access Line	(855) 662-7474
NM Peer warm line	(855) 466-7100
PMS Behavioral Health	(575) 437-7404
CYFD Child Protective Services	(855) 333-SAFE
<b>or #7233 from cell phone</b>	
NM Child Support help line	(800) 288-7207
American Diabetes	(800) 232-3472
CDC AIDS Hotline	(800) 232-4636
National Child Abuse Hotline	(800)-422-4453
National Drug Abuse Hotline	(800)-662-4357
National Poison Control	(800)-222-1222
Suicide.org	(866) 435-7166
Agora Crisis Ctr.	(866) 435-7166 or (505) 277-3013
Chat line:	<a href="http://www.crisischat.org">www.crisischat.org</a>
National Suicide Hotline	(800) 273-8255
Sexual Assault Nurse Exam Hotline	(575) 430-9485
12th Judicial Victim Assist.	(575) 437-3640
Child Support Hotline	1-800-288-7207
Legal Aid	1-833-545-4357
LGBTQ+ support website	<a href="http://pflag.org">pflag.org</a>

**Department of Veterans' services:** 437-4635

411 10<sup>th</sup> Street, room 107

**VA Primary Care Clinic – Alamogordo**

437-9195 White Sands Mall

**Veteran's housing assistance:**

**Operation Homefront 877-264-3968,**

**<http://www.operationhomefront.org/>**

Housing Assistance for Veterans (HAVEN)

**<https://www.fhlp.com/community/Pages/Housing-Assistance-for-Veterans-Program.aspx>**

(call for availability of funds)

Lowe's Home Improvement 442-4000

Home Depot 443-8015

**USDA program for rehab grant**

<https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants>

**Vision needs/ eye-glass assistance**

Lions Club - application can be picked up at Twice Blessed Thrift Shop, 2920 N White Sands Blvd.

**Area code (575) when not specified.**

**Location Alamogordo when not specified.**

**For a complete list of Behavioral Health Providers, please request the "Community Mental Health Guide" printed by Alamogordo Public Schools, with updates every two years.**

**For a complete list of community meals and area food pantries, see the "Food Pantry and Meal Guide."**

**For resource information in Chaparral NM, contact Jazmine Saenz at (575) 824-3454 x106 or [jazmine.saenz@state.nm.us](mailto:jazmine.saenz@state.nm.us)**

**Call 437-9340 ext. 5 or email [maureen.schmittle@state.nm.us](mailto:maureen.schmittle@state.nm.us) to update information on this list, or to request electronic copies.**